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26th May 2017

Circular 024/17

## Fumaderm® Initial 30 mg and Full Strength 120 mg (Exempt Medicinal Product)

Dear Pharmacist,

You will be aware from recent communication (Circular 039/16) that Fumaderm® (Fumaric Acid derivatives) was reviewed by the Medicines Management Programme to examine the clinical requirements for this exempt medicinal product. Following this review, existing patients (prior to 1st September 2016) will continue to receive reimbursement support.

In future, applications for newly initiated patients will require the completion of an individual reimbursement form specific to Fumaderm®. Patients will be required to nominate a pharmacy of choice for dispensing of Fumaderm®. Applications must be completed by the Consultant Dermatologist responsible for the management of the patient's psoriasis. In addition, a copy of the prescription must accompany applications. Approval will not be forthcoming in the absence of confirmation of Hospital Initiation.

### Enclosed is a copy of:

- Application for individual reimbursement of Fumaderm® (unlicensed) by Consultant Dermatologist
- Information for pharmacists in relation to individual reimbursement of Fumaderm® (unlicensed) by Consultant Dermatologists developed by the Medicines Management Programme.

From June 1<sup>st</sup> 2017, pharmacies can dispense and claim Fumaderm® for existing and approved patients electronically using the administration codes enclosed, submitting them in the normal manner with monthly claims. Claims submitted for patients who are not approved will not be paid.

If you have any further queries in relation to the information provided, please contact <a href="PCRS.ExemptMed@hse.ie">PCRS.ExemptMed@hse.ie</a>. Exempt medicinal products in Ireland will be subject to an ongoing review with due diligence regarding the unmet clinical need.

Given the significant cost of Fumaderm®, we appreciate your co-operation with this matter.

Yours faithfully,

Anne Marie Hoey

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Primary Care Reimbursement & Eligibility

## Fumaderm® (ULM) - Circular 024/17 (Effective 1st June 2017)

Drug Code	Drug Description including coding instruction	Reimbursement Price €	Supplier
20350	Fumaderm (ULM) Initial Tabs 30 mg 40 (A) Non Proprietary Name: Fumaric Acid Derivatives, Combinations	162.45	Medisource Pharmasource QM Specials IDIS
20351	Fumaderm (ULM) Tabs 120mg 70 (A) Non Proprietary Name: Fumaric Acid Derivatives, Combinations	353.53	Medisource Pharmasource QM Specials IDIS

			C	ONFID	ENTIAL			
			Fo	r PCRS	Use On	ly		
Case Reference			Date Received					
pplication for onsultant Der	mato	ologis	ts				•	
order to approve rensultant must prov								
maderm® is an un are that this produ le.								
Date of				Nomi				
Application				Pharr	nacy			
1. Patient I	)etai	IIS						
Date of birth								
Address								
GMS / DPS / PPS Number (Please tick and insert number)	Nur	GMS mber:		DPS			PPSN	
2. Prescrib	er d	etails						
Name of Cons	ultant							
dermatologist  Medical counci	l num	hor						
Medical Courie	Hull	ibei						
Contact Details:		Address:						
			Telephone Email:	e:				
3. Diagnos	is							Please tick to

This patient has moderate-severe psoriasis which, in my opinion, requires

This patient meets the clinical criteria and screening for Fumaderm

systemic treatment

4.	Previo	ous treatments	used for this condition to d	date	
	1.				
	2. 3.				
	4.				
<b>5.</b>	Recor	nmended treat	ment protocol		
Veeks 1	-3: Tole	rability-improving	pre-treatment (30mg OD → 30mg	$BD \rightarrow 30mg T$	DS)
	•	•	individual tolerability (120mg OD– o a maximum of 240mg [2 x 120mg		
					Please tick to confirm
	g three	times daily (only	er protocol (above) and to a max doses up to 240mg three times		
This pati Tumadei		s been provided	with written information regardi	ng	
f you inte	end to u	use an alternative	dosing protocol please outline clea	arly here:	
	•	riasis has cleared, to s it clear.	ne dose should be gradually reduced	to the <b>lowest pc</b>	ossible dose
			Authorisation of request		
Signa		prescribing			
Institu	ution				

Kate Mulvenna MPSI Head of Pharmacy Function Primary Care Reimbursement Service Exit 5, M50, North Road, Finglas, Dublin 11

Phone: 01-8647100 Fax: 01-8647142



# Information for pharmacists in relation to individual reimbursement of Fumaderm® (unlicensed) prescribed by Consultant Dermatologists

Fumaderm® is an unlicensed medicine and therefore should only be prescribed in cases where no other licensed medicine is suitable. Fumaderm® contains fumaric acid esters (FAEs) and is used to treat moderately severe to severe psoriasis.

In order to approve reimbursement of this medicine, by exceptional arrangements, the prescribing consultant must complete a specific **Fumaderm® Application** and submit it to the Primary Care Reimbursement Service.

When approved, patients who have been prescribed Fumaderm® by a consultant dermatologist, will be eligible for reimbursement of Fumaderm® under the GMS and DP schemes up to the maximum licensed dose (240mg TDS).

## **Counselling points**

- The tablets should be swallowed whole and taken with or after a meal.
- It may take four to six weeks to see a benefit to psoriasis symptoms.
- Side effects include nausea, stomach discomfort, cramps, wind, feeling bloated and diarrhoea. The dose is gradually increased over a number of weeks (see below) to reduce these side effects).
- Regular blood tests are necessary while taking Fumaderm® so ensure patient attends followup appointments

## **Recommended treatment process**

**Weeks 1-3:** Tolerability-improving pre-treatment (30mg OD  $\rightarrow$  30mg BD  $\rightarrow$  30mg TDS)

Weeks 4-9: Up titration subject to individual tolerability (120mg OD $\rightarrow$ BD $\rightarrow$ TDS further increased on a weekly basis as needed up to a maximum of 240mg [2 x 120mg] TDS)

Dosage (number of tablets to be taken)						
Week	Morning	Noon	Evening	FAE formulation		
1	1	-	-	Fumaderm® Initial (white tablet – low		
2	1	-	1	strength 30mg)		
3	1	1	1	G G,		
4	1	-	-	Fumaderm® Full Strength (blue tablet –		
5	1	-	1	120mg)		
6	1	1	1	J,		
7	2	1	1			
8	2	1	2			
9	2	2	2			

- Once psoriasis has cleared, the dose should be gradually reduced to the **lowest** possible dose that keeps it clear.
- The maximum dose of 240mg (2 x 120mg) three times daily should not be exceeded and doses above this will not be reimbursed.